

# 生命之道

## Way of Life

箴言 Proverbs

14: 8,10,13

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**8 精明人的智慧能分辨自己的道路；  
愚昧人的愚妄却欺骗自己。**

**The wisdom of the prudent is to discern his way,  
but the folly of fools is deceiving.**

**箴言 Proverbs 14: 8**



# 1. 合乎中道

**A**ppropriate perspective



世界上什么事情及力量最 What  
is the easiest, difficult and  
powerful thing in this world?

1. 最大? Most powerful
2. 容易? easiest
3. 最难? hardest



3 我凭着所赐我的恩对你们各人说：不要看自己过於所当看的，要照着神所分给各人信心的大小，看得合乎中道。 For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned.

罗马 Romans 12: 3





21 鼎为炼银，炉为炼金，  
人的称赞也试炼人。

The crucible is for silver, and the furnace is for gold,  
and a man is tested by his praise.

箴言 Proverbs 27: 21



## 2. 勇于受苦

**B**ravery in suffering



**10 人的苦楚，只有自己心里知道；  
心中的喜乐，外人也不能分享。**

**The heart knows its own bitterness,  
and no stranger shares its joy.**

箴言 Proverbs 14: 10



朱邦月

什麼好考慮的

沒什麼好考慮的





Money lost, something lost.  
Honor lost, much lost. Courage  
lost, everything lost-better you  
were never born

~ Johann Wolfgang von Goethe

35 所以，你们不可丢弃**坦然无惧**的心，  
这样的心是带有**大赏赐**的。

Therefore do not throw away your **confidence**, which  
has a **great reward**.

希伯来书 Hebrews 10:35



# 3. 处之泰然

Be **C**alm



**13 人在喜笑中，心里也会有痛苦；  
欢乐的结局，会是愁苦。**

**Even in laughter the heart may ache,  
and the end of joy may be grief.**

**箴言 Proverbs 14: 13**



**【当代版】我并不是因为有所缺乏才这样说，我早就学会了，无论在甚么景况之下都能**处之泰然**。**

**Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.**

**腓立比 Philippians 4: 11**



7 然而以前对我有益的，现在因着基督的缘故，我都当作是有损的。 8 不但这样，我也把万事当作是有损的，因为我以认识我**主基督耶稣为至宝**。为了他，我把万事都抛弃了，看作废物，为了要**得着基督**。 7 But whatever gain I had, I counted as loss for the sake of Christ. 8 Indeed, I count everything as loss because of the **surpassing worth of knowing Christ Jesus my Lord**. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may **gain Christ**

腓立比 Philippians 4: 7-8





- 1. 合乎中道 Appropriate perspective (箴Prov 14:8; 罗Rom 12:3)**
- 2. 勇于受苦 Bravery in suffering (箴Prov 14:10; 来Heb 10: 5)**
- 3. 处之泰然 Be Calm (箴Prov 14:13; 腓Phi 4:11)**

**1. 以上所分享的哪一要素 (3选1) 是您最想要掌握的?**

**Which of the above elements do you hope to master most?**

**2. 基督徒怎样看待成败得失? How do Christians view success and failure? (箴言 Proverbs 14: 13)**

**3. 透过这篇讲道, 神今天对您说了什么? 您会如何应用在生活中? What has God spoken to you through today's sermon? How can you apply what you have received from God?**

